Human Development and Family Studies

Introduction

The Human Development and Family Studies program is the study of human development and family life in which individuals, family and community are viewed as interrelated. A multidisciplinary approach provides content and theory to enhance the understanding of people and to develop creative approaches to serving them. Graduates of the program locate positions in human services and agency-related employment settings, and family life education in addition to being prepared for advanced study.

The program integrates academic study with significant experiential learning with individuals of all ages, families and community groups. Students are involved in observation/participation, field experience, independent study and practicum throughout the program. Hospitals, human service agencies, community groups, adolescent group homes and homes for senior citizens provide opportunities for the synthesis of practical and theoretical knowledge.

General Requirements
Bachelor of Science Degree

Total for graduation	124 credits
General Education	45 credits
Major Studies	56 credits
Concentration or minor	18 credits
Electives	5 credits

Students must have a cumulative grade point average of 2.5 within the major studies for graduation and to register for the practicum experience.

Program Requirements

General Education

48 credits required

A. Communication Skills — 8 credits

ENGL-101	Freshman English – Composition *or*	
ENGL-111	Freshman English – Honors I	3
ENGL-102	Freshman English – Reading and Related Writing *or*	
ENGL-112	Freshman English – Honors II	3
SPCOM-100	Fundamentals of Speech	2

B. Analytic Reasoning — 6 credits

Courses must be from areas including math, logic, statistics and computer science.

C. Health and Physical Education — 2 credits

Courses must be from areas of health, physical education or nutrition.

D. Humanities and the Arts — 9 credits

Courses must be from three or more areas including art history, creative arts, foreign language and culture, history, literature, music appreciation, performing arts and philosophy.

E. Social and Behavioral Sciences — 12 credits

POLS-210	American Government	3
SOC-110	Introductory Sociology	3
PSYC-110	General Psychology	3

Remaining 3 credits can be taken from anthropology, economics, geography, political science, psychology and sociology.

F. Natural Sciences (with Lab) — **4 credits**

G. Technology — 2 credits

H. General Education Electives — 2 credits

Courses must come from categories A, B, D, E and F.

Major Studies

49 credits required

HDFS-101	Introduction to Human Development and Family Studies	1
HDFS-115	Individual and Family Relations*	3
HDFS-124	Human Development: Early Childhood*	3
HDFS-215	Dynamics of Family Development*	3
HDFS-225	Skill Training for Individual/Family Interventions*	3
HDFS-257	Lifespan Sexuality *	3
HDFS-270	Seminar in Self Growth	3
HDFS-325	Human Development: Mid-Childhood/Adolescence*	3
HDFS-330	Human Development: Early/Middle Adulthood*	3
HDFS-335	Seminar – Culturally Diverse Individuals and Families	2
HDFS-336	Experience: Developing Cultural Competence	2
HDFS-340	Human Development: Late Adulthood*	3
HDFS-345	Family Health Care/Dilemmas and Decisions for Families	3
HDFS-360	Work and Family Issues*	3
HDFS-365	Family Resource Management*	3
HDFS-420	Family Research and Methodology	3
HDFS-450	Family Policy*	3
HDFS-456	Abuse and the Family	3
HDFS-490	Professional Issues in Human Development and Family Studies *	2
HDFS-491	Practicum in Human Development and Family Studies*	4

** Required to become a Certified Family Life Educator by the National Council on Family Relations. Additional required courses: HDFS-313 Parent Education, FCSE-451 Family Life Education Programs.*

Student-Designed Concentration, Certification or Minor

18 credits required

Students complete the degree with selectives chosen in consultation with the program director, or any minor in consultation with the adviser.